



# SOL'A'VANA

## The Steps of Unification

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# Step 1

channelled by the medium Sabine Sangitar

This script was made for your energy body and is attuned to you personally. Please do not copy or duplicate it and do not pass it on to others as this harms the energy stored in it.

### Contents:

#### Shakti:

- Your First SOL'A'VANA Step

With the deepest love, with the glow of the energy of God himself, with SOL'A'VANA I greet you, Shakti, with the words OMAR TA SATT.

Heavenly joy reigns beyond the veil for SOL'A'VANA has been brought to you. An energy that stems directly from the Source itself, bundles, unifies all energies in itself and thus generates the perfect sound.

You have often felt torn within. Though you were able to feel that so much is in you, you are aware of who you are, and still it was not easy for you to grasp and structure everything. SOL'A'VANA will do this. SOL'A'VANA connects the priest energies. SOL'A'VANA will release the magic in you. SOL'A'VANA will kindle the heritage of God in you. SOL'A'VANA will present you with the power of divinity that lies beyond your intellect.

It is a time of unification. The radiant power is getting stronger and stronger and it shines in the most beautiful colors.

Listen to the 1<sup>st</sup> SOL'A'VANA Step and feel in your soul. If you are touched then you are bearer of the energy for a higher consciousness. You will travel to other planets. You will visit places on this Earth. You will welcome the human beings who come to you. The unification of the energies in you and the energies on Earth is something important and significant at this time.

Heavenly joy reigns beyond the veil, full of AN'ANASHA for you, that you are ready to open your heart so wide and are ready to absorb this high energy in yourself. You will set light tracks that other human beings will follow. Those of you who are deeply



connected with Jesus will be particularly touched. They will feel that the high energies pour into their soul immediately. The Crystal SOL'A'VANA will make sure that as much energy flows into your merkabah and into your aspects as is right and good for you at this time.

Much about the SOL'A'VANA Steps may lie beyond your intellect. Steps and information that your reason cannot comprehend will follow. But that is exactly why it is you who will feel the truth and the divine Reality full of MONA'OHA with open heart.

Just as you are moved, so are we moved as well. For the unification between us will become even bigger. It almost seems as if there were no veil anymore. We feel that you are one of us and you feel the energy and the love more than ever before.

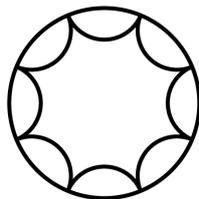
Thus it is a great joy that today, now, at this moment, in such a big collective which so many light beings have joined, you will carry out your first SOL'A'VANA Step.

A ni o'heved o'drach.  
AN'ANASHA

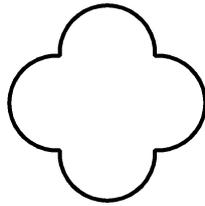
## Appendix – Crystals and Translations



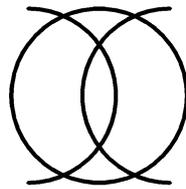
SOL'A'VANA  
The Perfect Sound



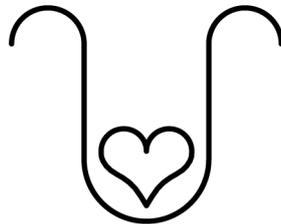
OMAR TA SATT  
Welcome



**AN'ANASHA**  
Gratitude



**MONA'OHA**  
Trust



**ELEXIER**  
Unconditional Love

## Translations:

El'Shaddai:

Hakinim:

Kodoish, Kodoish, Kodoish,

Adonai 'Tsebayoth:

Ehyeh Asher Ehyeh

So'Ham

A ni o'heved o'drach

The Divine Field

The first projection of God

Holy, holy, holy is the Lord of Hosts.

I am who I am

I am God

You are loved immeasurably